**Manual Handling Practices**



***COURSE DESCRIPTION***

Learn the skills & knowledge required to recognise potentially hazardous manual tasks, and then to prepare for and complete those tasks in a safe manner.

This course applies to all workers involved in manual handling tasks.

***SKILLS GAINED***

* Manual Handling check-up for all participants (specific to job role)
* Importance of Manual handling in the workplace
* Risk/Hazard Assessment
* Best practice in manual handling

***YOUR ASSESSMENT***

* Workshop based learning
* Practical assessment

***YOUR COURSE***

* Spend 4 hours on practical training in class.
* You will be issued with a Certificate of Completion for Manual Handling Practices

***ENTRY REQUIREMENTS***

Learners must have demonstrated interest in the course. There are no prerequisites for this course!

**We operate classes across New South Wales.**

**Have a group of 10 or more or a workplace area suitable for training, our trainer will come to you and contextualise the training based on your company's unique requirements.**

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